



THE GREEN THUMB

GARDEN CLUB OF DALLAS



VOLUME LXXXVII, Number 7

DALLAS, TEXAS

July 2024

Garden Club of Dallas No July Meeting

Summer Social
Members and Spouses
July 17, 2024
7:00 pm—9:00 pm

Williams Home
17602 Squaw Valley
Dallas, Texas
973-977-8030

Bring a side dish
appetizer or snack

President's Message



Greetings Fellow Gardeners!
Does anyone miss the rain yet? I do!

Back in the spring, I saw an unusual plant in a hanging basket. It had long, red caterpillar-like blooms that hung over the sides. I brought it home. We had cool weather and lots of rain and the plant flourished and grew more and more plush. Then the rain stopped. So, I watered it religiously. It stayed pretty, although it didn't grow as fast. Then the temperature hit 90 degrees. As the temperature has risen, the plant has diminished in its beauty (it has, in essence, dried up). I couldn't remember the name of the plant for this article, so I took a photo with my plant identification app. The response was "Your plant looks **SICK!**" Printed just like that. Then the app went on to say that the plant was a pepper plant – I guess the furry caterpillar-like blooms looked like dried up peppers. It is not a pepper plant. I would have remembered that. Well, it was beautiful while it lasted. Weren't we all!

If you missed our June meeting, you missed a great one! Carolyn Hicks gave us a hands-on demo in Container Gardening. Another entertaining and informative program by a Master Gardener!

I would also like to welcome three new members: Michelle Huebner, as well as, Ann and John Hallam. Please introduce yourself to them at the next meeting.

Meanwhile, keep yourself and your plants hydrated in these triple digit days.

See you at the next meeting. And don't forget to patronize our sponsors!

—Alan

Visitors Welcome

CLUB MEETING LOCATION

At the Jewish Community Center, Big D room.

7900 Northaven Road, Dallas — Next to North Haven Gardens. Directions: From southbound U.S.75, Northaven Rd. is second street south of Forest Ln. turn west. From Hillcrest Rd. Northaven is fourth street north of Royal Lane, turn east.

2024 OFFICERS

President	ALAN GAGE	214- 823-5459
First V. P.	KEN RUECKERT	972-661-3809
V.P. Membership	Open	
V. P. Programs	BOB GROSSMAN	214-744-2247
V.P. Promotions	open	
V.P. Hospitality	CONNIE GROSSMAN	214-744-2247
Secretary	Anna Williams	972-977-8030
Treasurer	Bob Grossman	214-744-2247
Editor	Ken Rueckert	972-661-3809
Board members (2)	open	

APPOINTED

Awards	Bob Grossman	
National Awards	Bob Grossman	
Gardening fr/ Heart	Greg Clopton	214-476-4914
Chaplin	Rev. JoNell Lindh	214-341-6122
Hospitality	Connie Grossman	
Nominations	open	
Publicity	open	

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Web sites

Garden Club of Dallas

New Web Page

www.thegardenclubofdallas.comNational headquarters: www.tgoa-mgca.org —Select "**Members Only**"; log on with password: 'lily'American Horticultural Society: www.ahs.org —

log on with password: 'dogwood'

Answer to the puzzled will be
here next month.

Garden Club of Dallas Meetings Schedule

Board Meetings

July 11, 2024

6115 Linden Ln.

Bob & Connie Grossman's House

7:00 PM

No August Board Meeting

September 12, 2024

Marti Ives Home

7:00 PM

Club Meetings

No July Meeting

Summer Social

August 21, 2024

Club Meeting

RoseAnn Ferguson

Topic Propagation

September 18, 2024

Club Meeting

Michael Rector

Topic: Orchids



Four Herbs

The humble herb **parsley**, often used only as a garnish and discarded, is a nutritional powerhouse. Parsley is **rich in vitamins A, K, B, and C** and contains **more vitamin C than oranges**. It's also a great source of **calcium and iron**.

To boost the immune system, add fresh chopped parsley on top of your favorite savory dishes. It's a mild diuretic, so it supports kidney health.

Like many green plants, parsley is **rich in chlorophyll**, which helps fight off bad breath. If you enjoy foods heavily seasoned with garlic, try chewing a few sprigs of fresh parsley after the meal to combat garlic breath.

The Latin name for **sage**, *Salvia* (*Salvia Officinalis*), is related to the word *salvus*, which means "healthy", or *salvare*, "to save". It has been used for centuries to **ease indigestion from heavy meals**.

Sage has many benefits and deserves to be a regular part of your diet. Because of its **antibacterial properties**, sage infusion makes a wonderful mouthwash or face wash if you struggle with acne. It's also a great gargle for a sore throat.

Rosemary brings bright, slightly woody flavor to our combination. Medicinally, it has been used to improve memory, relieve muscle pain and spasm, and support the circulatory and nervous system.

Thyme has been highly regarded by herbalists for centuries. Thyme has been used as an antiseptic and room deodorizer. To this day, thyme is used to help ease symptoms of respiratory illnesses. It eases coughing and fever and also alleviates headaches. It was used to relieve asthma symptoms in medieval times.

New Club Member Laurie Pessetto



Great June Meeting Container Gardening



Puzzle Tools

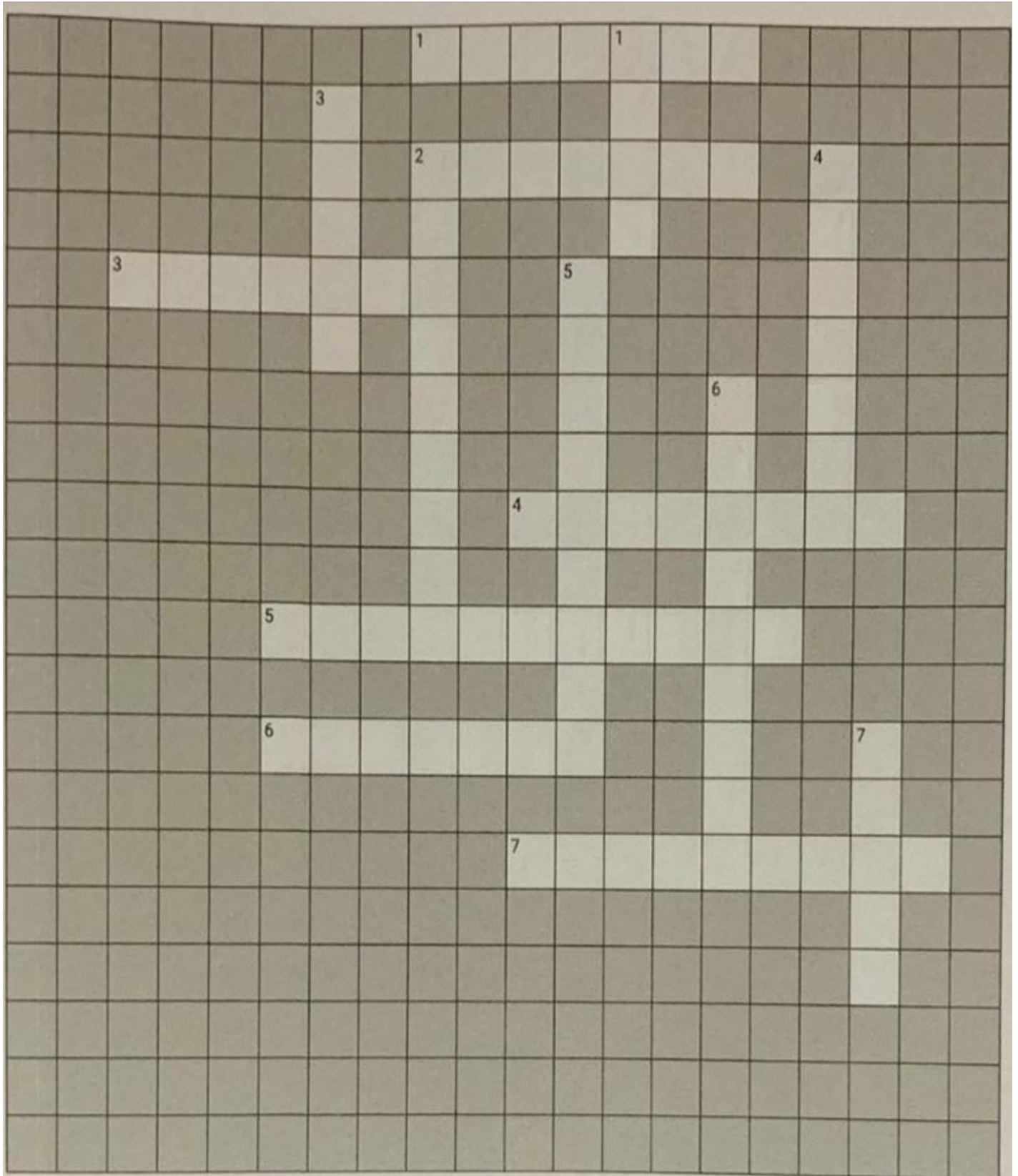
ACROSS

1. A fragrant plant with tall, purple flower spikes often used as a border
2. A perennial plant with bright, spiky flowers that resemble a rooster's comb
3. A flowering plant known for its ability to attract hummingbirds
4. A popular plant used for its scent in perfumes and essential oils
5. A climbing plant with fragrant, trumpet-shaped flowers
6. A plant with bright, daisy-like flowers that close at night
7. A flowering plant with showy, cup-shaped flowers often grown in water gardens

DOWN

1. The national flower of the United States
2. A flowering plant that provides a primary ingredient in chamomile tea
3. A popular, easy-to-grow annual with a "face" that follows the sun
4. A plant with delicate, papery flowers often used in dried arrangements
5. A group of plants that produce flowers in the shape of a bell
6. A tall, sun-loving flower with a large, round head and edible seeds
7. A bulbous spring-flowering plant, often seen in Easter decorations

Flower Puzzle



Dallas Garden Club

BECOME A SPADE CLUB MEMBER

The Gardeners of America/Men's Garden Clubs of America honors each member who recruits and enrolls two new members in a calendar year.

Spade Club members receive a gold spade lapel pin as recognition of their help to build the club membership. As a Spade Club member enrolls new members in following years he will receive a ribbon indicating the number of consecutive years.

Start by bringing a guest to the meeting.

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This club welcomes beginner "wannabe" as well as experienced gardeners. We all can learn something about gardening at each meeting.

Visitors are welcome. Membership is open to men and women, teenagers and young adults. \$50 annual dues includes *The Green Thumb* and membership in the national organization: Gardeners of America/Men's Garden Clubs of America.



Bruce Miller

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THE GREEN THUMB is published monthly by
Garden Club of Dallas
Ken Rueckert, Editor
7106 Meadowcreek Dr., Dallas, Texas 75254
Phone: 972-661-3809
E-mail: KenRueckert@sbcglobal.net

ANNUAL AD RATES: Business Card (3 1/2" w x 2" h) \$50.00
Large ad (3 1/2" w x 3" h) \$200 or four \$50 gift certificates.

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*herby certifies that
Gregory L. Clopton*

*having honorably fulfilled all requirements prescribed by the Board of Trustees
of the Dallas County Community College District is hereby conferred the degree of*

Associate of Applied Sciences

Ornamental Horticulture - Landscape Nursery

with all Honors, Rights, and Privileges appertaining.

in Witness Whereof,

*we have hereunto affixed our signatures and the Seal of the District
in the County of Dallas, State of Texas*

May 8, 1997

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The club welcomes men and women